# Support Services Available to Columbia County Residents During COVID-19 Outbreak

## Mental Health
- **Columbia County Mental Health Center** 24-hr crisis line: 518-828-9446
- **Mobile Crisis Assessment Team (MCAT, a program of MHA)**: 518-943-5555
- **NYS Office of Mental Health Emotional Support Helpline**: 844-863-9314
- **Crisis Text Line**: Text “Got5” to 741741
- **Mental Health Association of Columbia-Greene Counties (MHA)**: 518-828-4619
- **Apogee Center (Peer Support) (a program of MHA)**: 518-697-0976
- **Youth Clubhouse (a program of MHA)**: 518-828-6700
- **National Alliance on Mental Illness (NAMI), Columbia County**: 518-336-0246

## Alcohol/Substance Use
- **Greener Pathways**: 518-291-4500
- **Greener Pathways (weekend/evening hours hotline)**: 518-822-0090
- **Our Wellness Collective**: 518-303-2725
- **Columbia County Pathways to Recovery Helpline**: 877-467-3365
- **Twin County Recovery Services**: 518-751-2083
- **Alcoholics Anonymous**: 518-463-0906

*For Narcan Training/Information:*
- Call Greener Pathways: 518-291-4500
- Text “NARCANKIT” to 21000
- **Columbia County Department of Health**: 518-828-3358

## Domestic Safety
- **Columbia-Greene Domestic Violence Hotline**: 518-932-9211
- **NYS Domestic Violence Hotline**: 800-942-6906

## Suicide Prevention
- **National Suicide Prevention Hotline**: 800-273-8255 (TALK)
- **Crisis Text Line**: Text “HOME” to 741741

## Support for Survivors of Crime/Abuse
- **REACH Center hotline (a program of MHA)**: 518-828-5556
- **Child Advocacy Center (a program of MHA)**: 518-697-3320

## Food Insecurity
- **List of Regional Food Banks/Pantries**: [https://regionalfoodbank.net/agency-list-by-county/columbia/](https://regionalfoodbank.net/agency-list-by-county/columbia/)
- **Salvation Army Service Center**: 518-822-1602
- **Hudson Youth Center Food Delivery**: Text 518-409-9863
- **Supplemental Nutrition Assistance Program (SNAP)**: 518-828-8660
Social Services and Financial Assistance
Columbia County Department of Social Services 518-828-9411
Home Energy Assistance Program (HEAP) 518-828-4611
518-828-8660
Neighbor-to-Neighbor Grants 518-828-4611
518-828-8660

Health Insurance Enrollment Services
The Healthcare Consortium 518-822-8820

Support for Senior Citizens
Columbia County Office for the Aging 518-828-4258
Hudson Police Department Senior Citizen Call-In Program: 518-828-3388
NY Connects 877-260-9244

Support for Veterans
Columbia County Veterans Services Agency 518-828-3610
National Veterans Crisis Line 855-689-3651

Non-Emergency Medical Transportation
The Healthcare Consortium 518-822-8020

Legal Assistance
Legal Aid Society of NY COVID hotline 833-628-0087

Spiritual Support
Columbia County Sheriff’s Office Emergency Management Division 518-828-1212
Overcomes Ministries w/GOD Belongs in our County 518-604-9094

Logistical Support (in the event of a COVID-19-related death)
Columbia County Emergency Operations Center 518-828-1212

Inquiries and Resource Navigation
For all other inquiries and/or help navigating community resources
The Healthcare Consortium 518-822-8820